

FIRST AID AND CPR CERTIFICATION REQUIRED (Note: THE REQUIREMENT WAS NEW IN 2008)

Philmont requires that at least **one person**, preferably two, (either an advisor or a youth participant) **in each crew be currently certified in American Red Cross Wilderness First Aid basic or the equivalent* and CPR from the American Heart Association, the American Red Cross or the equivalent.** The American Red Cross Wilderness First Aid is a sixteen hour course designed to help in situations when help is not readily available. Several hours may be required for Philmont staff to reach a remote backcountry location after a message is delivered to the nearest staffed camp. First aid and CPR training will result in proper and prompt attention being given to injuries and/or illnesses. **You must present current certification cards upon check in to verify this requirement.**

Equivalent training can be obtained from the following nationally-recognized organizations:

American Red Cross www.redcross.org

American Safety and Health Institute www.ashinstitute.org

Emergency Care and Safety Institute www.ECSIinstitute.org

National Outdoor Leadership School (WMI) www.nols.edu/wmi/

National Ski Patrol – Outdoor Emergency Care www.nsp.org

Stonehealth Open Learning Opportunities (SOLO) www.soloschools.com/wfa.html

Wilderness Medical Associates (WMA) www.wildmed.com

Wilderness Medical Society (WMS) www.wms.org

Wilderness Medicine Training Center www.wildmedcenter.com

Wilderness Safety Council www.wfa.net

Wilderness Safety & Emergency Response (W.I.S.E.R.) www.wiser-wfr.com

The Boy Scouts of America and the American Red Cross have a national agreement, the primary goal of which is to help councils (with their districts and units) become self sufficient teaching Red Cross courses, including First Aid. *Wilderness First Aid Basic* is specified in the agreement. Through this agreement a local council can coordinate training of American Red Cross courses by providing BSA volunteers who are certified to instruct the course by the American Red Cross. The fees for the course taught by the BSA volunteers are dramatically reduced and include a \$5.00 administrative fee and the cost of materials. Visit with your council service center for more information about the American Red Cross National Agreement.

Philmont encourages each crew to have at least one person trained in American Red Cross Wilderness First Aid Basic or the equivalent. However, Philmont will accept the following advance levels of training and a copy of the license or certification must be shared with Philmont during the registration process:

- Wilderness First Responder
- Outdoor Emergency Care
- EMT Basic, Intermediate, or Paramedic
- Military Corpsman or Medic
- Nurse Practitioner
- Physician's Assistant
- MD or DO